

GABRIELLE ROSE CLASSIC
MEMPHIS TIGER SWIMMING
January 14-16, 2011

The meet will be conducted under the auspices of Southeastern Swimming, Inc. of United States Swimming, the rules of which will apply.

Sanctioned by Southeastern Swimming, Inc.

SANCTION #: 10SEMTS1-14

HOSTED BY: Memphis Tiger Swimming

LOCATION: University of Memphis
Student Recreation & Fitness Center
620 Echles
Memphis, TN 38152

FACILITIES: Two, 10 lane, 25 yard courses, pool depth 4.5-6 feet, using the Colorado 5000 timing system. Warm down lanes are available. Only swimmers, coaches, officials, and volunteers will be allowed on deck. Credentials will be required of volunteers to be on the pool deck and may be obtained in the swim office. All spectators are asked to sit in the balcony. No coolers, chairs or cots will be permitted on deck. All spectators are asked to sit in the balcony.

RULES: 2010 USS rules will govern the conduct of the meet unless otherwise noted herein.

OFFICIALS: Meet Director: Katie Sentilles (901) 292-0385
Carla Mabie
mtsmeetentries@yahoo.com
Referee: Chris Brown (901) 737-3347
cdbrown@firsthorizon.com

ELIGIBILITY: All participants must be USA Swimming registered athletes. Entries will not be accepted without 2010 registration numbers. Coaches and officials must present evidence of certification as required by Southeastern Swimming. A swimmer's age on the first day of the meet will determine his or her age for the entire meet.

WARM UP: **Southeastern Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet.** The Meet Director will post and announce the warm-up assignments prior to the start of the meet warm-up. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to each session.

“Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. “ 6/9/2010

ENTRIES: Teams who have HYTEK'S Meet/Team Manager should submit their entries on a 3-1/2" disk (please send in COMMLink file format or WIN-MM format). E-mailed HYTEK entries will be accepted. Entry forms must be completely filled out including the

swimmers' best times for yards. Please provide a written copy of entries for verification purposes. Disks with results will be returned at the end of the meet.

A full and correctly completed entry includes waiver and fees. No exceptions. In order for an entry to be accepted, it must be legible and complete. Properly completed entry forms include:

First and last names of each swimmer
Age
USA Swimming Registration Number
Yard times for each swimmer in each individual event
Relay times should be listed for each relay to be entered.

DISABILITIES: Swimmers with disabilities are welcome and must complete the Information Form for Disabled Swimmers and return it with the entries.

DEADLINE: Entry disks and/or printouts, summary/release sheets, and entry fees including surcharges must be received by the Entries Chairman on or before Tuesday, January 4, 2011. E-mailed entries are preferred. **Late entries** will be accepted for available lanes only. No new heats will be formed.

Completed entries should be mailed to: Katie Sentilles
Memphis Tiger Swimming
620 Echles
Memphis, TN 38152

FEES: \$5.00 per individual event, \$12.00 per relay; \$3.00 per swimmer SES surcharge. **Late fees:** \$6.00 per individual event, \$14.00 per relay. \$5.00 per swimmer Facility Surcharge.

Please make checks payable to: Memphis Tiger Swimming. All entry fees are nonrefundable.

MEET FORMAT: This is a prelims/finals meet. All events will be conducted in short course yards. 8-10 lanes will be used, depending on the number of entries. Finals will swim in 10 lanes.

All events will be pre-seeded except the 1650 and relays, which will be deck-seeded and require positive check in on the day of the event. Swimmers must sign-in with the Clerk of Course for all deck-seeded events. If the swimmer is not checked in with the Clerk of Course, the swimmer is legally scratched from the event. Only the swimmer or his/her coach may sign in for deck-seeded events.

Failure to swim a deck seeded event after positive check in will result in the swimmer's disqualification from the next individual event. Swimmers who fail to scratch, and do not show up at the blocks for consolations or finals will be barred from the remainder of the meet.

Depending on the time line, the 11-12 and Open 500 Free may be limited to the fastest 24-30 men and women. The 1650 Free may be limited to the fastest 32-40 men and women. All heats of the 1650 Free will swim as timed finals, fastest to slowest.

All 10 & under events and relays are timed final events and will swim during preliminaries. All 10&Under events will be scored as 9-10 and 8&under. 13-14 and Senior events will swim a consolation and a championship heat in finals. The Meet Planning Committee reserves the right to reconfigure competition pools as necessary based on entries received.

Time trials will be available at the discretion of the Meet Referee. Time trials will be held after each morning's preliminaries. Fee for time trials shall be \$7.00 per individual event and \$12.00 per relay. Time trials will count in a swimmer's number of events for that day.

STARTING TIMES:	<u>Warm-up</u>	<u>Competition</u>
Friday PM:	5:00 PM	6:00 PM
Saturday:	6:30 & 7:15 AM	8:00 AM
Saturday Finals:	4:00 PM	5:00 PM
Sunday:	6:30 & 7:15 AM	8:00 AM
Sunday Finals:	4:00 PM	5:00 PM

LIMITS: 10&under swimmers are limited to 5 individual events per day, exclusive of relays. All other age groups are prelim/finals and swimmers may enter 3 individual events per day. Entries will be limited to 600 swimmers per session. If a team puts the number of participants over 600, the entire team will be accepted. Entries will be accepted in the order they are received. The host team reserves the right to limit the number of heats in deck-seeded events in order to run the meet in the allotted time.

SCRATCHES: Swimmers will report directly to the blocks when their event is called. Swimmers not reporting to the blocks during preliminaries will be scratched from that event only. Swimmers will have 30 minutes after each preliminary result is posted in order to scratch from Finals. Swimmers who fail to scratch, and do not show up at the blocks for consolations or finals will be barred from the remainder of the meet.

AMENITIES: Hospitality services will be provided for coaches and officials. A first aid stations, concessions, swim shop vendor and meet t-shirts will be available.

SCORING: Points for first through tenth places in individual events will be awarded as follows: 11-9-8-7-6-5-4-3-2-1.
Points for relays will be awarded as follows: 22-18-16-14-12.

AWARDS: Ribbons will be awarded for first through tenth place in all 12 and under individual events, and first through third places in relay events. High point awards will be given in each age group and gender.

RESULTS: Live results will be available on the MTS website (www.Memphistigerswimming.com).

COACHES' MEETING: A coaches' meeting will be held before the beginning of the first morning session at 7:50. No swimmers will be allowed in the pool during this time.

MEET EVALUATIONS: Please send any comments, suggestions, or evaluations concerning the meet to: John Woods, Southeasterns Swimming Chairman
205 Island Ave
Chattanooga, TN 37405

JANUARY 14-16, 2011
Friday, January 14, 2011
Warm-up 5:00 PM. Meet Starts 6:00 PM.
All Friday evening events are timed finals.

Women

1	11-12 200 IM
3	Open 400 IM # \$
5	10 & U 200 Free *
7	11-12 500 Free \$
9	Open 500 Free # \$

Men

2
4
6
8
10

*Will be scored 9-10 and 8&under

Will be scored 13-14 and Open

\$ Swum fastest to slowest

Preliminaries, Saturday, January 16, 2010
Warm-up 6:30 AM. Meet starts 8:00 AM
Women swim at the west end of the pool. Men swim at the
east end of the pool.
All relays (swim during prelims) and the 1650 free are
timed finals.

11	10 & U 100 Breast *	12
13	11-12 100 Breast	14
15	13-14 200 Breast	16
17	Open 200 Breast	18
19	10 & U 100 Free *	20
21	11-12 100 Free	22
23	13-14 50 Free	24
25	Open 50 Free	26
27	10 & U 50 Back *	28
29	11-12 50 Back	30
31	13-14 100 Back	32
33	Open 100 Back	34
35	10 & U 100 Fly *	36
37	11-12 100 Fly	38
39	13-14 200 Fly	40
41	Open 200 Fly	42
43	10 & U 200 IM *	44
43	11-12 200 Free	46
47	13-14 400 Medley Relay @	48
49	Senior 400 Medley Relay @	50
51	11-12 200 Medley Relay @	52
53	10 & U 200 Medley Relay @	54

Women's Open 1650 Free # \$

*Positive check in required before 9:00 AM

*Will be scored 9-10 and 8&under

Will be scored 13-14 and Open

\$ Swum fastest to slowest

@ Relays will be deck seeded with positive check in and cards
due in office by 9:00 AM

Sunday, January 16, 2011
All relays (swim during prelims) and the 1650 free are
timed finals.

Warm-up 6:30 AM. Meet starts 8:00 AM

All relays are timed finals during prelims

Women

Men

57	10 & Under 200 Free Relay @	58
59	11-12 200 Free Relay @	60
61	13-14 400 Free Relay @	62
63	Senior 400 Free Relay @	64
65	Open 200 IM	66
67	13-14 200 IM	68
69	11-12 100 IM	70
71	10 & U 100 IM *	72
73	Open 100 Free	74
75	13-14 100 Free	76
77	11-12 50 Free	78
79	10 & U 50 Free *	80
81	Open 200 Back	82
83	13-14 200 Back	84
85	11-12 100 Back	86
87	10 & U 100 Back *	88
89	Open 100 Fly	90
91	13-14 100 Fly	92
93	11-12 50 Fly	94
95	10 & U 50 Fly *	96
97	Open 100 Breast	98
99	13-14 100 Breast	100
101	11-12 50 Breast	102
103	10 & U 50 Breast *	104
105	Open 200 Free	106
107	13-14 200 Free	108
	Men's Open 1650 #	56

*Positive check in required before 9:00 AM

*Will be scored 9-10 and 8&under

Will be scored 13-14 and Open

\$ Swum fastest to slowest

@ Relays will be deck seeded with positive check in and cards due
in office by 9:00 AM

SOUTHEASTERN LSC
INFORMATION FORM FOR SWIMMERS WITH A DISABILITY

This non mandatory form is for accommodation purposes.

Name_____

Address_____

Team_____ USA Registration # _____

Age and Birth date: _____

Events to be swum: _____/_____/_____/_____/_____/_____/_____/_____
_____/_____/_____/_____/_____/_____/_____/_____

Type of Disability

Blind _____ Cognitive/Intellectual _____ Deaf _____ Physical _____ Other_____

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

The following person(s) will accompany the swimmer for any needed assistance:

Accommodations requested, Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.

Information gathered on this form will only be used for swimmers accommodation during Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance. The Disability Chair welcomes any feedback and or comments concerning your Meet experience.

MTSmeetentries@yahoo.com

cdbrown@firsthorizon.com

Disability Chair Email: walleybob@hotmail.com

Walter Smalley 901-486-1782

2010 - 2011 WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** listed on the enclosed entry form/team information are registered and entered into the meet in accordance and subject to USA Swimming Rules and Regulation:

501.7

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

302.4 False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. Memphis Tiger Swimming, Memphis, TN, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

I

SIGNATURE OF COACH OR CLUB OFFICIAL:	
CLUB:	
TITLE:	DATE:

TEAM INFORMATION

CLUB NAME:		INITIALS:	
ADDRESS:			
LSC:		HEAD COACH:	
CONTACT PERSON:		PHONE NUMBER:	
FAX NUMBER:		CELL PHONE:	
EMAIL:			
COACHES ATTENDING:	NAME	COACHES CARD EXPIRATION DATE	
	1.		
	2.		
	3.		
CERTIFIED OFFICIALS WHO MAY WISH TO WORK:	1.		
	2.		
	3.		
	4.		
NUMBER OF SWIMMERS ENTERED:		ATTACHED:	
		UNATTACHED:	
		TOTAL:	

SUMMARY OF FEES

NUMBER OF SWIMMERS:		X \$3.00 SES SURCHARGE	=	
NUMBER OF SWIMMERS:		X \$5.00 SES SURCHARGE	=	
NUMBER OF SWIMMERS:		X \$5.00 Facility Surcharge	=	
NUMBER OF IND. EVENTS:		X \$5.00 PER EVENT ENTRY FEE =		
NUMBER OF RELAYS:		X \$12.00 PER RELAY ENTRY FEE=		
TOTAL DUE:				

CONSOLIDATED ENTRY FORM
Times should be in **SHORT COURSE YARDS**

Please duplicate as needed

Please duplicate as needed		EVENT #	EVENT NAME	BEST TIME	EVENT #	EVENT NAME	BEST TIME
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						

