

Memphis Tiger Swimming
Dick Fadgen Pool - University of Memphis
Christmas Practice Schedule
Week 1

Group	Monday Dec 22	Tuesday Dec 23	Wednesday Dec 24	Thursday Dec 25	Friday Dec 26	Saturday Dec 27
National/ SR Performance	7:00-9:00am 4:00-5:30pm	7:00-9:00am 4:00-5:30pm	7:00-9:00am	OFF	7:00-9:00am 4:00-5:30pm	9:15-11:15am
Senior 1	7:00-9:00am 4:00-5:30pm	7:00-9:00am 4:00-5:30pm	7:00-9:00am	OFF	7:00-9:00am 4:00-5:30pm	9:15-11:15am
Senior 2	4:00-5:30pm	4:00-5:30pm	7:00-9:00am	OFF	7:00-9:00am 4:00-5:30pm	9:15-11:15am
JR Performance	7:00-8:30am 4:00-5:30pm	7:00-8:30am 4:00-5:30pm	7:00-8:30am	OFF	7:00-8:30am 4:00-5:30pm	9:15-10:45am
Junior	5:30-7:00pm	5:30-7:00pm	OFF	OFF	5:30-6:30pm	
Blue	5:30-6:30pm	5:30-6:30pm	OFF	OFF	5:30-6:30pm	
Orange	5:30-6:15pm	5:30-6:15pm	OFF	OFF		
Tiger Cub	5:30-6:00pm	5:30-6:00pm	OFF	OFF	5:30-6:00pm	
High School	6:15-7:30pm	6:15-7:30pm	OFF	OFF		
Masters	5:45-7:00am	5:45-7:00am	5:45-7:00am	OFF	5:45-7:00am	

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Christmas Practice Schedule
Week 2

Group	Monday Dec 29	Tuesday Dec 30	Wednesday Dec 31	Thursday Jan 1	Friday Jan 2	Saturday Jan 3
National/ SR Performance	7:00-9:00am 4:00-5:30pm	7:00-9:00am 4:00-5:30pm	7:00-9:00am	OFF	7:00-9:00am 4:00-5:30pm	9:15-11:15am
Senior 1	7:00-9:00am 4:00-5:30pm	7:00-9:00am 4:00-5:30pm	7:00-9:00am	OFF	7:00-9:00am 4:00-5:30pm	9:15-11:15am
Senior 2	4:00-5:30pm	4:00-5:30pm	7:00-9:00am	OFF	7:00-9:00am 4:00-5:30pm	9:15-11:15am
JR Performance	7:00-8:30am 4:00-5:30pm	7:00-8:30am 4:00-5:30pm	7:00-8:30am	OFF	7:00-8:30am 4:00-5:30pm	9:15-10:45am
Junior	5:30-7:00pm	5:30-7:00pm	OFF	OFF	5:30-6:30pm	
Blue	5:30-6:30pm	5:30-6:30pm	OFF	OFF	5:30-6:30pm	
Orange	5:30-6:15pm	5:30-6:15pm	OFF	OFF		
Tiger Cub	5:30-6:00pm	5:30-6:00pm	OFF	OFF	5:30-6:00pm	
High School	6:15-7:30pm	6:15-7:30pm	OFF	OFF		
Masters	5:45-7:00am	5:45-7:00am	5:45-7:00am	OFF	5:45-7:00am	